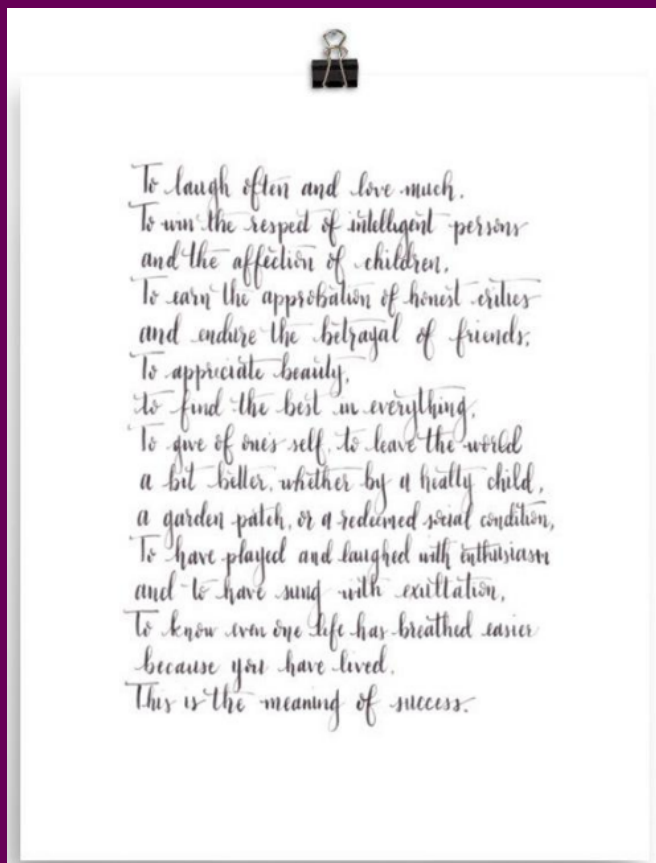


Winter 2021



Community

Contact us | 08 8212 7766 | admin@ldssa.org.au | www.ldssa.org.au



From the desk of the CEO

On Friday 3rd June 2021, I had the absolute privilege to attend and be part of the funeral that was the celebration of Tim Weir's life. For me, it was such a blessing to be reminded of why I love this job and why we do what we do. This celebration of Tim and everything about it reminded me that every single person is special, no matter what their background. Before LDS, I was the CEO of Operation Flinders which was a program that took youth at risk on a program in the remote Flinders Ranges to help build their self esteem, to make positive life choices and to show them that they were worth something. On one night of the hike, our youth would meet up with an old couple living in the bush with minimal comforts or possessions. The couple would invite them in to spend some time with the youth talking about what matters in life. At the end of the visit one of the couple would share a poem called "Success" by Ralph Waldo Emerson. They would hand write it, (not some photo copy of a photocopy) and they would offer one youth to take home their one and only hand written copy, so long as they could continue to share it. Giving a hand written copy showed they were valued as a person. I enclose a copy of that poem in this newsletter. During the eulogy we were reminded of how Tim touched our lives and despite his failings, he was a highly valued and redeemed person who was dearly loved by his LDS family of supporters. I am really sad I was not able to meet Tim in person but through the celebration of his life, I witnessed so many LDS lives are better for having you in them - you were a success and we pray you rest in peace. This also has caused me to reflect at how much LDS is a family. To our support workers - so many lives of those we serve have breathed easier because you have been in them. I have never been prouder to be CEO of LDS and our awesome team!

Blessings, JvR

Walk My Way 2021

LDS Clients David, Chelsea, Jeanette and David from RIV were among 650 participants who walked or wheeled along the 26-kilometer trail from Nuriootpa to Lyndoch to support refugee children go to school. The quartet was joined by five LDS staff, six of their children and two dogs.

Support worker, Julie, said "It was extremely special for the LDS family to feel the unity and inclusiveness of their community for this worthy event, as they talked, laughed, sung, and walked through the Barossa."

With two members in wheelchairs and the rest on foot (or paw), the team also sang along to music played from a speaker. Each client walked or was wheeled along for at least 5 kilometers, two did 13 and four staff, including Julie and some of the children did the full trail.

"When any of the clients had had enough, we had someone pick them up" Julie says. "They're said since how wonderful it was. Personally, I felt so privileged to be part of such a movement."

(Reprinted by permission of the Lutheran Magazine)



Lovely Ferryden Park Home

At LDS we help to create happy homes for our clients. Our clients have the same right as everyone to enjoy life, be integrated into the community and to have a happy home. Our specialist team of support workers are trained to serve the clients to ensure that they can achieve their life goals including making sure that there is fun at home, work and play!

Available from May 2021



LDS is currently seeking SIL (Supported Independent Living) clients for an established property located in Adelaide's north-western suburbs. This lovely renovated Ferryden Park home is a 5 bedroom, 2 bathroom single story house set on a securely fenced corner block. The home has a large open plan kitchen, dining and living area in addition to another formal lounge room and a 6th bedroom which could be used flexibly as an activity, break out or sensory withdrawal room. The main bedroom has a spacious en suite and the home's main bathroom with separate shower and bathtub has some accessibility features, with the large adjacent toilet also being set up for access needs. There is a paved undercover patio area adjacent the enclosed lawn and garden area. Secure and all-weather undercover parking in the double garage, with additional driveway parking, means clients can arrive and depart comfortably.

This new SIL household is seeking adults with EHO (Exploring Housing Options) Assessments completed and who require overnight support to live in a three or four person SIL. This home in an area of urban renewal is close to public transport routes and only a short walk from the Parks Community Centre with facilities such as medical and dental practices, library and theatre, sports facilities and allied health supports.

If you know a suitable person to come and share our happy home please call our friendly Client Intake team on 8212 7766 or email admin@ldssa.org.au.

Jacks Delights

Introducing Adelaide's newest social enterprise - Jack's Delights - by LDS Client Jack Dawe. Jack has a passion for growing plants, vegetables and fruits and can be seen regularly at LDS offices, EBC Tuesday and other events selling his fresh, home grown products.

Recently Jack started his new online business, Jack's Delights, where in addition to his fresh fruits and vegetables he is also selling 'Gin Buddies' - essential for warm summer nights gins. Jack has also expanded the range to include Jams and Cauliflower Pickle.

"I came up with the idea of my business with my Support Workers and they have helped me to expand my range," said Jack.



Jack has used some of the proceeds from his business to enjoy a holiday on the Gold Coast recently and is currently saving up for a new printer.

As an entrepreneur Jack isn't satisfied with the growth of his business just yet. "I want to see my business grow and grow." With some changes to Jack's support worker team he says, "I've already stepped up and taken the lead." Clearly Jack is destined for a future role on Celebrity Apprentice!

To buy from Jack's social enterprise email Jack at **JackDawesDelights@gmail.com** or go to his facebook page at: **<https://www.facebook.com/JackDawesDelights/>**



VACANCY ALERT



Nurioopta Location - Female

At LDS we help to create happy homes for our clients. Our clients have the same right as everyone to enjoy life, be integrated into the community and to have a happy home. Our specialist team of support workers are trained to serve the clients to ensure that they can achieve their life goals including making sure that there is fun at home, work and play!

Available now



LDS currently has a vacancy at an established property located in the Barossa Valley at Nuriootpa. The home is a 4 bedroom single story house with large individual bedrooms, each having their own ensuite, built-in wardrobe and modern air-conditioning unit.

Our housemates are looking for an additional female housemate to join our caring home, preferable a young adult with EHO (Exploring Housing Options) Assessments completed and who requires Supported Independent Living (SIL) with overnight support to live in a three person SIL.

This lovely renovated home has a large open plan kitchen, dining and lounge area in addition to a sunroom overlooking the enclosed lawn and garden area. The staff sleepover room is adjacent the bedrooms, and the laundry and kitchen are equipped with new appliances. There is undercover parking at the accessible front entrance.

Situated in a quiet leafy area of Nuriootpa with views across vineyards, the home is less than 1.5 km walk or drive from the business and shopping centre of town.

If you know a suitable person to come and share our happy home please call our friendly Client Intake team on 8212 7766 or email admin@ldsa.org.au.

In Memorium

Vale Tim Weir

On 28 May 2021 our client and friend - Tim Weir passed away.

Tim Weir was a husband, father, brother and of course son who loved his rural life. Especially around the remote beaches. He had acquired his disability later in life. Tim became part of the LDS family late 2015, and moved into a shared property at Woodside. The location of Woodside really appealed to him due to his love for nature, as well as peace and quiet. Tim eventually moved into his own unit and gained a bit more independence.

Tim became very active in his community and was very involved in several regular community lunches, with the local men's shed and local walking group, but also loved opportunities to go fishing. In the last 2 months Tim was diagnosed with cancer and given a very short time to live. In this time we have seen Tim be able to reconnect with some of his family, people from the community have called in and supported him, LDS support workers go above and beyond to see him supported and celebrate his 60th birthday with about 50 people (with over half of them from outside of LDS).

On the 28 May 2021 Tim passed away peacefully at Mount Barker Hospital. He definitely holds a special place in a lot of our hearts and will be missed.

We pray for comfort for all Tim's family and friends, and we trust in the assurance and hope that God has brought him home.



Vale Pastor Ted Prenzler

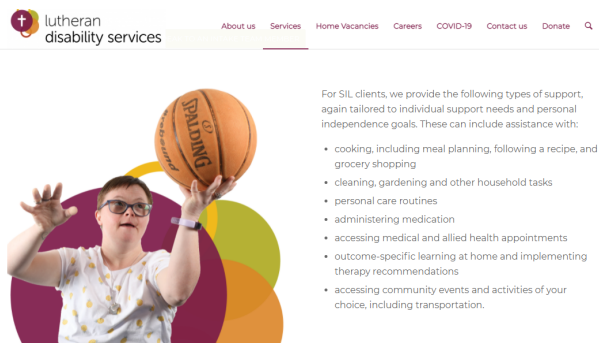
The LDS community was sad to learn of the passing of past Board member and Chaplain Pastor Ted Prenzler on 12 May 2001.

Pastor Ted was a strong supporter of LDS and people living with disability.

Our thoughts and prayers are with Ted's children, Kathryn, Joanne, Gillian, Jonathan and their families.

Check out our new Website

The new LDS website has gone live at www.ldssa.org.au. There is a wealth of information on our website including how we onboard new clients, our sponsors & supporters as well as lot's of articles on LDS and our wonderful clients. Thank you to Therese Garton for being our website star!



Stay Connected

facebook

Make sure that you follow LDS on our facebook page. It is wonderful to see clients out-n-about and experiencing life to the full.

[Click Here](https://www.facebook.com/Lutheran-Disability-Services-SA-227010588122374) or
<https://www.facebook.com/Lutheran-Disability-Services-SA-227010588122374>



Board Member Vacancy

Do you have a heart for serving the community and want to make a difference in the lives of people living with disability?

Candidates will ideally have board or clinical governance experience and a background in the disability sector.

Contact John van Ruth, CEO, for more info
ceo@ldssa.org.au or 0407 188 443



Woodside - Beautiful Country Home

At LDS we help to create happy homes for our clients. Our clients have the same right as everyone to enjoy life, be integrated into the community and to have a happy home. Our specialist team of support workers are trained to serve the clients to ensure that they can achieve their life goals including making sure that there is fun at home, work and play!

Available Now!



LDS has a vacancy in one of our cluster homes in Woodside. The home is a 2 bedroom single story house with large individual bedrooms with built-in wardrobe and modern air-conditioning unit.

This home will be available shortly and we are seeking expressions of interest from people with EHO (Exploring Housing Options) Assessments completed and who requires Supported Independent Living (SIL) with passive overnight support to live in a two person SIL. The SIL is shared across two individual units within the cluster.

This lovely picturesque home has views of the Amy Gillett bikeway and surrounding hills, a large open plan kitchen, dining and lounge area with two bedrooms. There is undercover parking at the accessible front entrance.

Situated in a quiet leafy area in Woodside near the Lutheran Church, the home is less than 1.5 km walk or drive from local cafes, shops and GP. Woodside is located just 20mins from Mt Barker.

If you know a suitable person to come and share our happy home please call our friendly Client Intake team on 8212 7766 or email mkromwyk@ldssa.org.au.

Cooking with Jordan



Just in time for winter, Jordan Chancellor has prepared a heart-warming recipe for these cold days. Jordan warms the heart with his infectious sense of humor and his fun loving ways - just like this brilliant Pumpkin Risotto!

For the past 2 years Jordan has been enjoying a vegan lifestyle that has given him the energy to play tennis, bowl and volunteer at the Mitchell Park Football Club. Cooking has helped Jordan to live in his own house while eating healthy food. His favourite food is broccoli and 'fake' bacon!

To while away the cold nights Jordan loves to cook before sitting down to watch his favourite footy team, the Crows, on TV and hopefully score another win for the season.

Jordan says "I hope you love my Easy Vegan Pumpkin Risotto!"



“
I love being healthy and
have been vegan for two
years
”

JORDAN'S EASY VEGAN PUMPKIN RISOTTO

Recipe

- 200 gr grated pumpkin
- 1 cup rice, cooked
- 1 medium onion
- 3 tablespoon nuttelex
- ½ cup broccoli
- ½ cup mushroom
- ½ cup vegan bacon sliced
- ½ cup soy milk
- Handful of cashew nuts/ pepita seed
- Salt pepper to taste

Finely cut the onions. In a heavy-bottomed skillet heat the 3tbsp butter, fry the onion until soft, 5 -7 minutes on low heat, stirring all the time, Add the pumpkin and fry, stirring for 2 minute, and stir until it is soft, Then, add in all vegies and vegan bacon stir and cook over high heat for 2 minutes uncovered. When the the mixture mixed well then add rice into the pan, reduce heat, add milk cover and simmer for about 5 minutes, stirring occasionally and adding cashew or pepita. At the end, season with salt and pepper to taste, add the remaining butter stir, cover and let stay for a few minutes. Serve hot, sprinkle with the cheese on top as desire.



COVID-19 Pop Up Clinic

On Wednesday 9 June LDS hosted a pop up vaccine clinic at our Head Office. Over 45 people were vaccinated on the day as we all do our part to keep Australia safe. Thanks to everyone who came to the clinic.



End of Financial Year Donations

Are you looking to make a end of financial year donation? You might want to consider LDS as one of your preferred charities.

As a charity all donations to LDS over \$2 are tax deductible. This year we are raising funds to match our \$25,000 to provide sensory and games rooms across our network of SIL houses.

Recently we installed some new equipment at Hillcrest with other houses receiving new equipment & fitouts in the coming year.

Your donation will help people living with disability to create happy homes.

To donate just visit the donation page at www.ldssa.org.au



Donated Basketball ring at Hillcrest

HOW YOU CAN SUPPORT THE LDS MISSION



PRAY FOR OUR MISSION

Include LDS in your prayers and ask God to bless our mission of delivering Faith, Empowerment and Excellence to people living with disability.



VOLUNTEER YOUR TIME

Do you have a special skill that you'd love to share with a LDS Client? Our Clients love to cook, create, play sport and help in the community. If you'd like to be involved in our mission please contact us on 08 8212 7766 or visit our website.



SERVING COMMUNITIES

Do you have community activities, projects, jobs where people living with a disability can be involved? Reach out to us as our community is looking to serve the wider community and to work with you to build strong, integrated communities.



HELP BUILD OUR NETWORK

LDS wants to positively impact in the lives of people with disability. If your community has a disused building, land or other facility that could be converted to disability housing please talk to us.



DONATE & OFFERINGS

You can donate direct to LDS by calling 08 8212 7766 or visiting our website. You can donate to LDS through leaving a legacy, setting a bequest or investing in housing for people with a disability. If your Church would like to dedicate a special offering to our mission please feel free to get in touch with us.

LEARN MORE AT WWW.LDSSA.ORG.AU OR 08 8212 7766